



Advanced Life Systems Priority One Report

Volume 2 - Issue 1
March 2012

Welcome •

Welcome to the 1st newsletter of 2012. Our last newsletter was released in November; we hoped you enjoyed the articles and we appreciate your interest in Advanced Life Systems. Our current goal is to release the next newsletter in early June .

More copies of this newsletter can be printed from our website advancedlivesystems.com, or picked up at our headquarters, located at 2106 W. Washington Ave.

YVMH •

After extensive discussion with Yakima Valley Memorial Hospital (YVMH), we are proud to announce a new long term agreement to be their primary transport agency. ALS is now the primary agency called for all transports out of Memorial's main campus and between their satellite facilities - Northstar, Children's Village, Garden Village, etc. We will also transport the YVMH neonatal intensive care (NICU) team to other hospitals for premature/in-distress newborns.

Our our six strategically located stations throughout the city of Yakima made us uniquely capable of supporting the increase in calls, and we are able to provide both Advanced (Paramedic) and Basic (EMT) services at all hours of the day and night. Our response time is generally less than 10 minutes.

In support of the increased call volume, we are looking at adding a full time BLS ambulance 7 days a week, and we have purchased a wheelchair van to accommodate non-bedridden patients. This "Cabulance" will provide safe and reliable transportation for patients not needing medical monitoring en route back to their residence or assisted living facility.

We are very excited to continue our relationship with YVMH to provide transport services for their patients. We will always strive to provide rapid, compassionate care when called upon.



(Above) Our New Cabulance

Cabulance Service•

Advanced Life systems is proud to now offer "Cabulance" service to the greater Yakima area. A Cabulance, or wheelchair van, is a specially designed vehicle used to transport individuals considered medically stable but still require a mode of transportation that allows them to remain in a sitting/wheelchair position. The Cabulance is equipped with a hydraulic lift that allows the operator to bring the patient in and out without taking them off their wheelchair. The wheelchair is then secured with tie-downs and the patient is seat-belted.

In the event of a medical emergency, our friendly and knowledgeable Cabulance operators are EMTs as well, and able to provide basic medical care until an ambulance arrives.

A Cabulance can be used to transport individuals to and from doctors appointments, specialized

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(Above) The Wheelchair Ramp on the Cabulance



(Above) EMT Guthrie Lambert with our new Cabulance

Community Service ●

Recently, ALS participated in a couple different community service activities around Yakima County. The most recent one was the annual CPR Blitz, held right here in Yakima.

The CPR blitz is a community service sponsored by many health care organizations throughout the county. The goal of “the blitz” is to train as many people as possible in the life saving action of Cardiopulmonary resuscitation, or CPR. This year, our operational manager and Paramedic Peter South along with EMT Guthrie Lambert and EMT Megan Martin assisted dozens of other health professionals in training nearly 1,000 members of the public. This is the third year in a row that ALS has assisted with this event. [Continued on page 3](#)

Cabulance... ●

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treatments centers, or anywhere else that requires the individual to remain seated in a wheelchair throughout their trip. This vehicle allows for great ease of access for the individual, instead of attempting to transfer into a normal vehicle from the wheelchair seat.

Advanced Life Systems now provides return Cabulance transports home from Yakima Valley Memorial Hospital, intended only for those individuals that do not require any care or support that an ambulance could provide.

For more information on our new service, and to find out our competitive rates, please call (509)574-8444. Our dispatchers will be happy to assist with any questions or comments. If you would like to schedule a transport by Cabulance you may also call the above number at any time.

Community Training ●

In a medical emergency, the best opportunity for a positive outcome relies on immediate life saving treatment; your co-worker, family member, or the complete stranger sitting next to you, may be the most important person you will ever know. Learning how to control bleeding, perform CPR, or maintain manual cervical-spine immobilization is one of the most selfless things you can do. For example, the term “Chain of Survival” - a useful metaphor to illustrate all the steps needed to survive a medical emergency - starts with [Continued on page 3](#)



(Above) Director of Training Jason Ackley teaching a class.

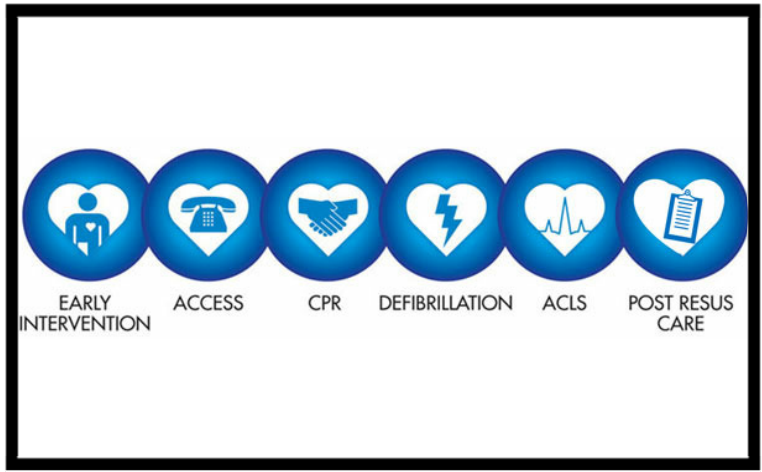
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Above: ALS employees conducting a training session.



Above: The Chain of Survival

Training... ●

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Early Recognition (identifying that this is an emergency) and Early CPR. With your training, you will have the confidence to identify when help is needed and what to do, well before EMS can get there. And with more people trained in CPR and First Aid, statistically, the community becomes better protected.

That's why we have expanded our training department to provide CPR and Basic First Aid education to the general public. These classes are held on a monthly basis at our headquarter station in Yakima; or we can come to your place of work or home and teach classes to large groups at very competitive prices. Successful completion of a CPR and/or First Aid class also comes with an American Heart Association (AHA) certification. These certs also satisfy many State workplace requirements across a wide variety of settings, including CPR for Healthcare Professionals..

All of our instructors are current Washington State EMTs and Paramedics working on the ambulance in the Yakima area. Our instructors have "real life", hands-on experience, which creates a unique learning environment for all those interested in training.

Training in Basic First Aid and CPR is available to anyone. More information on our courses can be found at <http://advancedlivesystems.com/Pages/Training>. Our director of training, Jason Ackely, can also be contacted at (509)564-8444. He would be happy to answer any questions, or schedule a class date and time for you, your family, or co-workers.



Community Service... ●

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When members of the public assist with CPR prior to our arrival it greatly improves the chance of a successful resuscitation. The more people trained, the better the chance of someone knowledgeable in CPR being close by when someone suffers sudden cardiac arrest.

CPR is something that most anyone can learn. And, although you may only use CPR once - it only takes one person that one time to save a life. Sudden cardiac arrest can occur anywhere: in your own home, with a close friend or loved one, at a restaurant. Knowing how to perform CPR can save a life! To for out more information about this event, and others like it, please visit <http://savealifeyakima.org/>. Thank you Peter, Megan, and Guthrie!



New Paramedics •

Advanced Life Systems would like to introduce two new Paramedics in our company, Lenny Ugaitafa and Ivan Hueter!

Lenny Ugaitafa

Lenny was hired in November of 2011 after our latest testing cycle for over 20 potential candidates. He recently completed his FTO and County requirements and is currently working full time as a Paramedic. Lenny is a 2011 graduate of Central Washington University's Paramedic program and is national and state certified. Lenny is currently in his final year at the CWU working towards furthering his education by completing his Bachelor of Science degree in paramedicine. Lenny originally obtained his EMT certification back in 2009, and is a former volunteer/resident of the Graham Fire Department in Pierce County; he currently resides in Ellensburg. Welcome Lenny!

Ivan Hueter

Ivan was also hired November 2011. Ivan is a 2007 graduate of Tacoma Community College's Paramedic program and has been nationally and state certified as a Paramedic for nearly 5 years. Prior to working for ALS, Ivan worked with Olympic ambulance in Squim, and is also a volunteer for Callam County Fire District 2. Outside of work Ivan enjoys camping and snowboarding, and currently resides in Squim Washington. Ivan just recently completed our rigorous field training program, and is now a full time Paramedic. Welcome Ivan!



Above: Paramedic Ivan



Above: Paramedic Lenny

Yield •

Advanced Life Systems would like to remind those who come across an emergency vehicle with lights and sirens activated to please pull to the right and yield the right-of-way; always allow emergency vehicles to safely pass by you, around you, or through an intersection.

Every authorized emergency vehicle in Washington State is required to be equipped with visual indicators - red, white, amber, and blue (police only) lights - as well as an audible indicator - such as a siren. When the lights and/or sirens are activated, and the vehicle is approaching behind you, please safely pull to the right side of the road and STOP until the vehicle passes by. If the vehicle is approaching from the front, you must safely pull to the right side of the road and STOP. If the emergency vehicle is approaching an intersection, even if you have the green light, you are required to STOP and allow the emergency vehicle safe passage before continuing. If you are unable to move to the right side of the road because of traffic, safely slow down to a stop and allow the emergency vehicle to maneuver around you.

If you notice an emergency vehicle stopped on the side of the road or on the shoulder with lights activated, especially on the freeway, safely move over to the lane furthest away and reduce your speed; keep watching closely for any responders in the area or roadway. Please do not stop in the roadway and watch the emergency scene - this only increases the **Continued on page 5**

Yield●

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likelihood of creating another accident or emergency. And finally, follow all directions from responders giving traffic signals with their hands or flags. Many responders are killed every year because of inattentive drivers.

When we are responding to emergencies, often, every second counts. If it were a member of your own family we were responding to, you would want other drivers to yield the right of way - so please keep that in mind when coming across an emergency vehicle. Thank You!



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